



**Position:** Overlee Assistant Synchronized Swimming Team Coach

**Job Description:**

Assistant coaches are responsible for coaching athletes 6-18 years-old, helping supervise substitute coaches and assisting with a variety of activities for Overlee's summer synchronized swimming show, 8:00 PM on July 17, 2024 (rain date July 18). The synchro season begins in late May (after Memorial Day) with team practices 2-3 times per week and ends the second to last week of July.

**Responsibilities include:**

- Instructing beginning swimmers in basic synchronized swimming skills
- Coaching more advanced swimmers in figures and routines
- Choreographing routines
- Helping Head Coach conduct team practices and optional practices if staffing is needed.
- Helping Head Coach supervise Substitute Coaches
- Working collaboratively with fellow coaches, Overlee staff, the team's board liaison and parent volunteers to assist in planning and executing a successful season and show

**Applicants should be proficient in:**

- Teaching standard sculling
- Introductory synchronized swimming strokes
- Basic body positions included in USSS novice figures

**Additional Requirements:**

- Coaches are required to hold current Life Guard certification as well as CPR and First Aid (Red Cross or equivalent). If in need of lifeguard certification or re-certification, Overlee will hold classes in early May. Lifeguard certifications must be current BEFORE season begins.
- Coaches are required to undergo a background check.
- Once hired, coaches will need to fill out other required documentation.

Download the application form [here](#) and submit by **March 8, 2024** to [synchro@overlee.org](mailto:synchro@overlee.org). For more information, also contact [synchro@overlee.org](mailto:synchro@overlee.org).